



The Heritage Lakes Homeowner Association Newsletter is Published Monthly by Neighborhood News, Inc.

Heritage Lakes Kicks Off The Year In Style



If you missed the New Year's Eve party at the clubhouse, you missed a very good time. Neighbors rang in the New Year, celebrating with excellent food by Blue Mesa Grill, margaritas, champagne and more.

That DJ Guy played great music because the dancing went on until 2 am. The best thing is, you can party all night and walk home. Make it your New Year's Resolution to come to the event next year!

Special thanks to Anna for all her help. The New Year's Eve Committee included Barbie Chandler, Laura Narzem and Angela Patterson. Thanks also to the decorating crew of Missy, Dwayne, Megan and Chase Neagle, Aubree Smolik, and the Narzem's out-of-town guests. Volunteers and Committee Members are needed for ALL Heritage Lakes event. Please feel free to join in the planning.

We want to recognize some generous local businesses that provided door prizes for the party. THANK YOU to all the following sponsors:

Cristina's Mexican Restaurant
 Scotty P's
 Tru Colours by Joey Hair Salon
 Kristy Vaught Hair Salon

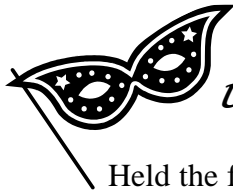
Neighbor Stephanie Kratz for Interior Design Consultation
 Pizza 4 U
 Blue Mesa Grill



Computer Crash caused loss in email addresses

Have you wondered why you have not received a Resident Forum or an event update email from the clubhouse since late December? That is because our computer crashed. We were able to retrieve many files, but we lost all email addresses. We are contacting each resident to verify our records. It would be helpful if you would send the clubhouse your email information. Thank you so much for your patience.

The following article will not be shown at the Homeowners' Association's request.



TGIF Fun!!!!
Don't forget about TGIF.

Held the first Friday of each month with the exception of the following months: January, July and September. This is a great way to meet neighbors and get involved. Lennar is the official TGIF sponsor by donating appetizers from VIP Catering. February's TGIF theme is Marti Gras, and March will be the first ever TGIF **Bingo Night**. Bring the whole family, there will be lots of prizes. Please remember that TGIF is BYOB for all drinks.

Save the Date

Annual Easter Egg Hunt
Saturday, March 12th
10:00 am - 1:00 pm



Easter is March 27th, so get geared up early this year. Bounce House, Plastic Duck Race, a visit from the Easter Bunny and don't forget about the hunt. A committee is forming to scramble out the details. Call the clubhouse to get involved.

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BOOK CLUB NEWS

The next book club will be held at 7 pm on Wednesday, February 2, 2005 at Missy Neagle's house, 4182 Constitution Drive. This month's book is a short novella by Steve Martin, "Shopgirl," and it's only 130 pages. It's a quick read! If you haven't already joined book club, now is your chance!

The Heritage Lakes Book Club meets on the first Wednesday of each month at 7:00 p.m. We welcome new members. Appetizers are served and please remember to BYOB. Please RSVP to the hostess of the event!

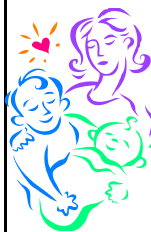
The book selected for March is "Female Intelligence" by Jane Heller. The meeting will be Wednesday, March 2nd at 7 pm, but the host has not been selected at the time this newsletter went to print. More details to follow.

Over 50's Group
"Who Done It?"
Murder Mystery Dinner
Friday, February 18th



Join the Over 50's Group for a fun filled Friday Night, February 18th. Details are still being finalized for this great night. Dinner will be pot luck and the evening will start around 6:30-7:00 pm. If you would like to be involved, please contact the clubhouse or Chairwoman, Marilyn Rubin at 972-668-0942.

Mommy's Nest



Parents Night Out

2nd & last Friday of each month
 6-10 pm

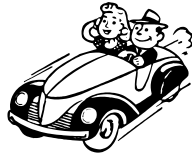
\$5 first child
 \$3 each additional child
 Newborns—3 years old

972-668-3570
Heritage Lake resident

If you are enjoying this Newsletter, try it online, published in **FULL COLOR** at the Neighborhood News website: <http://www.neighborsweb.com/heritagelakes.PDF>.

Automotive News

By Resident Scott Stepien



I often receive questions about tire balance and front end alignment. Someone says their vehicle vibrates or pulls in one direction. These two symptoms require specific and different repairs.

All tires must be balanced. Static balancing is with the tire and wheel off the car and placed on a bubble balancer. Dynamic balancing is actually spinning the tire to balance it in motion. Spinning the tire also affords a look to see if the tire tread is straight or wobbling. If a tire is driven in a state of under inflation and hits a hole or curb, the inner belts could shift which show up during the spinning. When this tire is mounted in the fount of a car, it produces left/right wobble in the steering wheel at slower speeds. This tire needs replacing.

Alignments is the relationship of the tire to the direction the car is headed. Unlike yesterday's car, many of today's vehicles have adjustable wheels at all four corners. The manufacturer determines at what angle each specific vehicle needs to track straight down the road. The top of the tire needs a specific vertical setting called camber. Caster makes the steering wheel return to straight ahead when you let go out of a turn. Toe is the horizontal adjustment needed to keep the car from veering off either direction after a bump. Pulling to one side or tire wear on one half the tread is often a sign alignment is needed.



Trish Wisecup

Mortgage Loan Officer

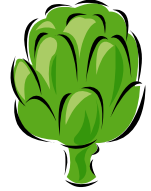
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Plano, TX 75075

Direct: 214-316-6152
Office: 972-578-5000 ext 3143
Fax: 469-467-1084
Trish.Wisecup@communitycu.org

Your Neighborhood Lender

Resident Recipe of the Month

ANG'S BAKED ARTICHOKE DIP



2 (14 oz) cans artichoke hearts,
drained and finely chopped
2 cups grated Parmesan cheese
1 1/2 cups light mayonnaise
2 cloves garlic, minced
1/2 teaspoon Worcestershire sauce
1/2 teaspoon Tabasco sauce

Combine all ingredients, stirring well. Spoon into a lightly greased 2-quart casserole dish. Bake, uncovered, at 350° for 20 minutes or until bubbly. Serve with melba toast rounds, chips or bread. Yield: 4 cups. For extra flavor, add one finely chopped jalapeno or Serrano pepper.



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866-558-3160 toll free or
Email: MHines@neighborhoodnews.com

February Calendar Description



February 2nd : Book Club, Hostess Missy Neagle. Book *Shop Girl* by Steve Martin. RSVP 469-633-0712

February 3rd : Bunco @ Clubhouse. Call Kathy Dorough 972-668-8488 for details.

February 4th : Newcomers Welcome 6:00 pm @ the Clubhouse
TGIF, Marti Gras Style 7:00-10:00 pm. All Drinks are BYOB

February 6th: Super Bowl Party, Bring your favorite drink and an appetizer to share and watch the game on our big screen.

February 8th : Men's Night, Poker Tournament. \$5 and \$10 buy ins. 7-9 pm. Drinks BYOB

February 15th: Scrap Booking at the Clubhouse. 7-9 pm in the Craft room. Contact Kathy Dorough 972-668-8488 or Sherayne May for details.

February 17th: Group One Traveling Bunco. Contact Barbie Chandler for details. 972-668-6164

February 18th: Over 50's Group, Murder Mystery Dinner. 6:30-9 at the Clubhouse. Contact Marilyn Rubin for details 972-668-0940

February 22nd: 40's+ Bunco at the Clubhouse. Contact Darlene Yoquelet for details 214-618-6282

February 24th: Kids Night- 5:30-6:30 pm. Broadway Babies. Musical activities for Heritage Lakes 1-4 years old. Mommy & Me type activity.

Please Keep Heritage Lakes Clean

Please remember when walking your pets to clean up after them. FYI, you can contact Petpro at 800-873-5957 to purchase "Dispoz-a-scoop" bags or our local Frisco Petsmart has plenty of devices to make pet clean up easy. And lastly, if you don't want to deal with the mess, but you still want your pup walked, Heritage Lakes preteen, Nicholas DiVitto, has a dog walking service. He can be reached at 972-370-0192.



March Upcoming Events

Wednesday, March 2nd: Book Club

Friday, March 4th: TGIF Bingo, fun for the whole family. 7-10 pm

Tuesday, March 8th: Ladies Night Gardening Class 7-9 pm

Saturday, March 12th: Easter Egg Hunt 10 am -1 pm

Tuesday, March 15th: Scrap Booking in the Craft Room 7-9 pm

Saturday, March 19th: Over 50's Group to tour HGTV Dream Home in Tyler, Texas

Sunday, March 27th: Clubhouse Closed for Easter



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Yoga for Relaxation & Inner Peace

By Kali Ray - Internationally acclaimed yogini and teacher.

Venue: Club House
Date 12th and 13th February 2005
Time 9 AM to 5 PM

Program Details:

TriYoga - Yogasanana's with Rhythmic Breathing
Prana Vidya - Breathing practices & Meditation
Jnana - Prana Vidya theory & Yoga Philosophy



Kali Ray



Yogini Kali Ray is founder of TriYoga®, a complete method that includes the full range of traditional yoga practices. TriYoga is in the tradition of the ancient yoga in that it is guided by the direct experience and intuitive knowledge that arise from the inner flow of kundalini, or universal life-energy. On January 5, 1980, kriyavati siddhi awakened within Kaliji, manifesting as the flow of asana, pranayama, and mudra. Kriyavati (kundalini manifesting on the plane of hatha yoga) has continued to guide the evolution of TriYoga. Kaliji has fully systematized hatha yoga-asana, pranayama and dharana- from Basics to Level 7. Her presence, her mastery of the flow and the ageless wisdom inherent in TriYoga have inspired and transformed countless lives. **For details please call Rama Krishna – 972-897-2386.**



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Heritage Lakes Community

Heritage Lakes Clubhouse
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 E-mail: clubhouse@heritageclubhouse.com







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February 2005



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Book Club <i>Shop Girl</i>	3. Bunco @ Clubhouse 7-9 pm Dance in Ballroom 7-8:50	4. New Comers Welcome 6:00 pm TGIF (Marti Gras) 7-10 pm 	5
6 Super Bowl Party 	7 Clubhouse Closed	8 Men's Night Poker Tournament 7-9 pm 	9	10 Dance in Ballroom 7-8:50 pm	11	12
13	14 Clubhouse Closed <i>Valentines</i> 	15 Scrap Book 7-9 pm	16	17 Group 1 Traveling Bunco Dance in Ballroom 7-8:50 pm	18 Over 50's Club Murder Mystery Dinner 6:30-9 Clubhouse 	19
20	21 Clubhouse Closed <i>President's Day</i>	22 40's+ Bunco @ Clubhouse 7-9 pm	23	24 Kids Night 5:30-6:30 <i>Broadway Babies</i> Dance in Ballroom 7-8:50 	25 Date Night	26
27	28 Clubhouse Closed					

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