

The Heritage Lakes Herald

The monthly community newsletter for residents of Heritage Lakes

June 2006

Volume I, Issue I

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Writers Wanted!

Contact Richelle Owens at editor@heritagelakes-hoa.org to join the communications committee.

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We're on the web
heritagelakes-hoa.org

“In Your Own Backyard” A common sense approach to pool rule enforcement

by Dudley Wilson

If your child invited friends over to your house and they began to misbehave, would you allow them to hurt themselves, or would you correct their behavior on the spot?

If you threw a party, someone you didn't know got drunk and unruly, would you take the chance of starting a fight with them, or call the police to remove them from your property?

If you came home to find a stranger in your backyard, would you allow them to stay, or call the police to deal with the situation?

These are simple questions with obvious

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Message from the Board

Recently it was brought to the attention of the board that Lewisville Independent School District (LISD) was considering discontinuing school bus service for the children that live in Heritage Lakes and are enrolled in Tom Hicks Elementary School for the upcoming school year (2006-2007).

The school board stated that since Heritage Lakes is less than 2 miles from the school and since construction is now complete within our community, it is safe for the children to walk to school. There are two routes the children in

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Best Dressed Dog Contest and Strollers At Annual “Star Spangled Splash”

Join family and friends at the annual Fourth of July Celebration, beginning at 11:00 a.m. Bring your favorite dish for a potluck lunch that serves eight people.

The Homeowners Association will provide fried chicken, rolls and soft drinks. Beer will be served. Be sure to bring your identification.

The event, which is free to residents, will include a DJ and a raffle contest. Guest admission is \$3 each. Beverage wristbands are \$5 with free refills on beer in a keg. To register, contact Anna, activities coordinator, at 972-668-2929. Be sure to

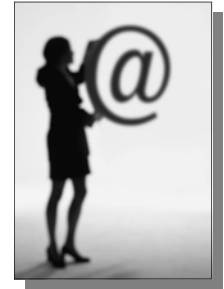
| | |
|---------------|--|
| 11:00 am | Kick off festivities |
| 11:30 am | Best-dressed Dog Contest |
| 11:30-2:00 pm | Parade of Bikes and Strollers Lunch |

New Community [Website](http://www.heritagelakes-hoa.org) Launches by Barbie Chandler

Log on now to the new Heritage Lakes website ([heritagelakes-hoa.org](http://www.heritagelakes-hoa.org)) for exciting news, information and photos about your friends and neighbors at Heritage Lakes. For several months, the communications committee has been working hard to make the website more resident-focused.

Look for more improvements in the months to come, but here's a snapshot of what you can expect to find. Residents will have access to password protected section with the following features:

- Online e-newsletter.
- Up-to-the-minute community information and pictures.
- Resident Picture Share Gallery. See photos from events and community life in Heritage Lakes
- Community Calendar and Frisco Calendar. Residents will also be able to view events in the City of Frisco
- Club Pages. View information and photos from clubs in the community. Share your activities with residents and show the fun you are having...
- Committee Pages. Keep a pulse on committees. See what committees have been doing, what they are working on, and the residents that are working to help make the community better
- Fisherman's Corner. See and submit your pictures of all that you are catching in the lakes!
- Golfer's Corner. From pictures to tales of great shots, enjoy the stories of family and friends living it up on The Crescent.
- The Selling Corner. Submit items for sale.



And much more!

Coming Soon...

- Resident Directory. Find a realtor, a babysitter or a new friend.
- Online Advertisements. Watch this section grow as we provide opportunities for local businesses to advertise their products and services to you and pass on the savings, too.

The website will also feature community information and photographs for prospective residents. Here is where the beauty and amenities of the community will be showcased the Heritage Lakes way of life... even with information on future residents wanting to move here.

Visit [heritagelakes-hoa.org](http://www.heritagelakes-hoa.org) often for more enhancements such as updating your family and business information in the community directory and signing up for an online password to access the resident features.



www.heritagelakes-hoa.org



Tots, Tykes & Teens by Jessica Meyer

Playgroups in Heritage Lakes and Beyond

Children need opportunities to play with other children. This may sound obvious and sometimes these opportunities take place naturally. However, busy schedules can sometimes make it challenging for parents and children to get together to play, have fun, and exchange ideas. Participating in a playgroup can enrich your family's life.

A playgroup offers preschool children opportunities to:

- be with other children in a group setting
- learn from other adults
- learn how to get along with other children
- participate in new and different activities
- become more independent, and
- develop self-confidence.



Article by Lesia Oesterreich, specialist, human development and family life, Iowa State University Extension. Visit www.extension.iastate.edu/Publications/PMI809.pdf

Find Community Playgroups

The Heritage Lakes Social Committee is compiling a list of playgroups that exist in Heritage Lakes. This will help young families moving into the neighborhood to “connect.” It will also enable the Social Committee to communicate with playgroups about upcoming events. If you'd like to join or coordinate a playgroup for Heritage Lakes residents, please contact Michelle Van Pelt (rvpmvp@sbcglobal.net) and include your child(ren)'s ages and days/times available to meet.

If you are already part of a playgroup in Heritage Lakes, please send some basic information about your group (contact's name and e-mail and/or phone #, open to new members or full, number of children, age range of children, meeting day/time, and area in the neighborhood) to the Social Committee via Michelle Van Pelt (rvpmvp@sbcglobal.net).

Playgroups in the Community

There are many other great groups/clubs for parents with young children in the City of Frisco and the Greater Dallas area that get together regularly. A few of these groups/clubs are listed below:

- [Meetup.com](https://www.meetup.com): Several meetup.com groups exist in Frisco and the surrounding cities. Find the one that fits you best! (Search example: “moms frisco, TX”)
- MOMS Club of Frisco Southwest (momscluboffrisco.org): International organization momsclub.org offering support for stay-at-home moms through playgroups, meals for new mothers, park days, recipe exchanges, craft days, mom's night out, cooking clubs, etc. There is a \$25 annual membership fee to join. Contact Carolyn Biddulph (biddulph@express56.com) for more information about joining and please include your name and address.
- Childavenue.com: Click on Playgroups to find a list of playgroups in Texas.
- At Home Dads of Greater Dallas (www.slowlane.com/groups/ahddallas/playgroups.htm)

Neighborhood News

City of Frisco – Water Restrictions in effect starting June 1

Drought Contingency Plan Stage 3, Severe (Mandatory)

The goal for Stage 3 is a twenty percent reduction that would not have occurred in the absence of drought contingency measures. See detailed activation triggers and restrictions under the Frisco Drought Contingency Plan.

One-Day-Per-Week Outdoor Watering Schedule

Residential Only

(Includes Duplexes, Town homes and Apartments)

Residential Trash

Collection Zone Day

Non-Residential

Residential Trash

Collection Zone Day

- Prohibit watering from **5 -8 am and from 10 am -6 pm** daily
- Prohibit hosing of paved areas, buildings, or windows
- Prohibit operation of ornamental fountains with potable water
- Prohibit washing or rinsing of vehicles by hose
- Prohibit using water in such a manner as to allow runoff or other waste
- Soaker hoses, drip systems, and hand-held hoses may be used for trees and shrubs up to one hour on any day or for foundations as necessary
- Provide a 30-day exemption for new and existing landscape modifications

Violation of restrictions may result in disconnection of customer irrigation systems and/or total water services, with reconnection fees, and possible monetary penalties. Restrictions do not apply to those customers using well water, reuse, or reclaimed water for irrigation, unless the usage creates public safety or health hazards.

The City has a full-time licensed irrigator available for free annual irrigation audits, focusing on residential customers. To request an audit call 972-335-5520, or email mbarth@friscotexas.gov.

City of Frisco Department of Public Works 972-335-5520

City of Frisco Department of Public Works 972-335-5520

www.friscotexas.gov



Family Friendly Fun in Frisco by Jessica Meyer

Are you ever at a loss for what to do or where to go? No time to plan a big excursion? Ready to squelch the “are-we-there-yets” and potty-pit-stops? These local hot-spots may be the answer that you’ve been searching for!!

Chill Out Close to Home at Double-Dip Frozen Custard

This family-friendly mom-and-pop stop style eatery is a must for any Frisco family! Named by Travelocity’s editors as one of the “Top Licks” for Summer Travelers in 2005 – Double Dips has been a hot spot for kids and parents alike since opening its doors (*garage doors that is*) to customers in 2001.

Chose from the vast menu of tried-and-true selections or create your own concoction from the impressive array of ingredi-

ents listed (the possibilities are endless)!

Try the Straw-Anna Sundae (fresh custard, bananas, and strawberries) or for a more indulgent treat try the Gizmo (fresh custard, hot fudge, hot caramel, pecans & a cherry), a traditional banana split, a caliché (fresh custard blended with multiple combinations of ingredients). For the savory appetite order a Frito chili pie or be brave and try the Pucker Dog (giant all beef hot dog with sau-

erkraut).



Whatever your pleasure you’re sure to find it here. It’s the perfect after-soccer-game, middle-of-a-Sunday-afternoon, gotta-get-em-outta-the-house place to go that’s just moments away from our neighborhood.

7511 Main Street
(Old Downtown Frisco)
972-377-8668
Summer Hours – 11am -10pm
Avg. Price \$3.50- \$5.00

“Got that “Down Home Feelin””?

Visit *Spring Creek Farm* and see how the famous *Owens Country Sausage* began as you tour a museum featuring a fully equipped kitchen, workshop and country store with articles and replicas dating back to the early 1900s. Outdoors, see Belgian draft horses, miniature ponies, pigs and other animals at the petting

zoo. Arrive at 10am or 2pm for a hayride! Admission includes a cup of animal feed for the pet-

ting zoo. Picnic area onsite for lunch.

Mon. - Fri. 9 am - 4 pm \$3 admission
Group Reservations requested in advance.
1401 East Lookout Drive at Plano Road, Richardson
Phone: 972-235-0192

Take a Walk on the *WILD SIDE* !

The Heard Natural Science Museum and Wildlife Sanctuary is a 289-acre outdoor preserve and nature museum. Escape the concrete of the city and hike over four miles of self-guided nature

trails that wind through the diverse habitats (trails range from .6 miles). Guided trails (averaging 1hr) are available for families and individuals on Saturdays and Sundays at 2 PM from

September to May. Keep your cool moms & dads – the trails are in the shadiest parts where it’s cooler plus there are other activities indoors like a venomous

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Golf News



Kudos to Golf Tourney Winners [by Dan Carr](#)

Thanks to everyone who participated in our Heritage Lakes Golf Tournament. It was a great turnout and a lot of fun!

This year's tournament featured 29 golfers, with scores ranging from low 54 to 90. Using the Scheid System (modified Callaway), there was a 4-way tie for 1st between **Steven Lee** 54 (55), **Jackie Rajwani** 57 (55), **Jesse Read** 63 (55), and **Mike Bellson** 67 (55). Winners split the \$20 1st prize money and all received \$5 each.

Steven Lee received \$20 for Low Gross with a par 54 (55).

Thanks to all our sponsors for pro-

viding hotdogs and drinks. **Carol Carr, Amy Smolik, and Chuck Quarles** of Keller Williams Realty and **Justin Masters**, Liberty Mutual Insurance.

Special thanks to **Bob Smolik of Brinker** (Chili's) for the \$25 "Closest to the Pin" prizes that went to **Justin Masters** at hole 6 and **Steven Lee** at hole 9.

Other scores include: Ken Garza - 58 (56); Eric Smith - 63 (56); Eric Kubera - 62 (56); Bob Smolik - 62 (56); John Ranney - 70 (56); Ryan King - 61 (56); Justin Masters - 65 (57); Gary King - 72 (57); Greg Hatt - 59 (57); David Anchudia - 69

(57); Terry Rose - 70; (58); Darrin Nottingham - 71 (57); Keith Weidner - 78 (59); Danny Carr - 77 (60); Hendri Meintjes - 77 (60); Charlie Interdonato - 83 (61); Ashkan Ahmadian - 86 (61); Amir Ahmadian - 87 (63); and Bob McGullam - 90 (63).

Tony Petrone and Dwayne Neagle drove the "drink cart" while Carol Carr and Peggy Adams of Vanguard Title took team pictures which will be sent to golfers and featured on the Heritage Lakes website.

Happenings at the Crescent: Golf Committee Update [by Bob Smolik](#)

Beginners and avid golfers will be able to enjoy the following improvements to Heritage Lakes Par 3 Golf Course.

- A small white fence has been placed around the putting green to protect the putting green from turning into a playground area and help curb the additional costs needed to offset wear and tear.
- PGSI, a golf ball retrieval company, was hired to retrieve over 6 years of errant shots in our surrounding lakes. The money raised from the sale of the recovered golf balls will be used for future golf tournaments and for various needs of the golf course.
- Did you know that it can be hazardous to reach down into the water to retrieve balls lost in the lake? Brett, from PGSI, said, "Snakes often times burrow themselves in mud banks around lakes." Brett has personally been bitten several times reaching into a lake to retrieve a ball. A handy golf ball "retrieval pole" can be purchased for a nominal amount to retrieve balls close to shore.
- The "Meet your Neighbor" golf tournament was a success. Danny Carr organized this event. If you interested in joining the Heritage Lakes Golf League, contact Danny or any Golf Committee member.
- Jackie Rajwani has resigned the committee. Chris Janulis (topturf@excite.com) has joined the committee and will represent the community on any issues pertaining to the golf course.

The Golf League invites homeowners to attend a Golf Committee meeting. Homeowners may contact [Dwayne Neagle](#) or [Danny Carr](#) to submit an agenda item for the committee meetings. The committee meets up to twice a month. Contact committee members at:

Dwayne Neagle - dneagle@aol.com

Randy Rodgers - 2newtexans@comcast.net

Danny Carr - danny.carr@tdindustries.com

Bob Smolik - bob.smolik@brinker.com

Chris Janulis - topturf@excite.com



Home Improvement

Real Estate Report [by Carol Carr, Keller Williams Realty](#)

Do you know the value of your home? Here is a breakdown of real estate activity in the past six months:

Heritage Lakes Activity in Past 6 Months

- 30 Currently on the Market for Sale
- 8 Closing Date Pending
- 33 Sold!**
- 69 Expired (Did NOT Sell)



Amenities for Homes Listed Above

| | Bedrooms | Baths | SF | List Price | SOLD Price | Days on Market |
|---------|----------|-------|------|------------|------------|----------------|
| Minimum | 3 | 2 | 1762 | \$193,500 | \$190,000 | 2 |
| Maximum | 5 | 5 | 4479 | \$504,890 | \$400,000 | 395 |
| Average | 4 | 3 | 3068 | \$291,945 | \$280,586 | 168 |

Of the Homes the SOLD

| | SF | \$/SF | DOM | List Price | SOLD Price | SP%LP |
|---------|------|---------|-----|------------|------------|-------|
| Average | 2991 | \$94.35 | 42 | \$291,814 | \$280,586 | 96.15 |

Heritage Lakes Birthday Party

Kid's Night

Tuesday June 20th

5:30pm - 7:30pm



Capers for Kids Puppet Show
Classic Birthday Party Games
Snacks & Beverages



Bring a *new* unwrapped toy to be donated to Frisco Family Services



Health & Nutrition



Waking Up is Hard to Do by Christine Jones

Waking up is hard to do. It's especially difficult if you're a "non-morning" person who'd probably like to avoid that time of day and everything that comes with it - even breakfast. But as sure as the sun's gonna shine, breakfast will always be an important meal of the day - one that should be consumed by people of any age.

Studies show that eating habits developed during childhood have the potential to last a lifetime. Thus children who tend to omit breakfast most likely will continue this dietary habit well into adulthood. Over the past twenty years the United States has seen a steady decrease in the number of children who eat breakfast. The U.S. Department of Agriculture (USDA) estimates that 90 percent of 1 to 5-year-old children eat breakfast. However, the percentage of children that consume breakfast dramatically decreases to only 14 percent for teenagers. Avoid the temptation to be a breakfast skipper, these easy recipes are sure to please.

Fruit 'N' Juice Breakfast Shake

1 very ripe, medium banana, peeled
3/4 cup pineapple juice
1/2 cup low-fat vanilla yogurt
1/2 cup strawberries, stems removed and rinsed

Instructions: Break banana into small pieces and put in the blender with pineapple juice, yogurt, and

strawberries. Secure lid and blend until smooth. Divide shake between two glasses and serve immediately. (Makes 2 servings)

Nutritional Information Per Serving:

168 calories
4g protein
1g fat (0.59g sat.)
35g carbohydrate
43mg sodium
3mg cholesterol

Apple Toast

1 tablespoon butter
4 slices whole wheat bread
1 tablespoon cinnamon
1 large apple, cored and thinly sliced

Instructions: Set oven to broil. Lightly spread butter on one side of each slice of bread. Place apple slices on buttered side of bread. Sprinkle cinnamon on top. Place bread on a baking sheet. Place in a preheated oven until toasted, about 2 minutes. (Makes 4 servings)

Nutritional Information Per Serving:

Calories: 128
Total Fat: 4g
Cholesterol: 8mg
Sodium: 164mg
Total Carbs: 21.8g
Dietary Fiber: 2.9g
Protein: 2.2g

Ham Egg & Cheese Cups

12 (1-ounce) slices reduced-sodium ham
3 (1-ounce) slices 100% whole grain bread, torn into 4 pieces each

1 1/2 cups (12 fluid ounces) fat free egg substitute
3 cups (12 ounces) grated Light Cheddar cheese
1/4 teaspoon pepper, or to taste
3 tablespoons chopped fresh chives.

Instructions: Preheat oven to 400° F. Lightly coat a 12-cup (4 ounces each) muffin tin with cooking spray. Fit each ham slice into each cup (ham ends will be above cup edges). Divide bread among cups. Then divide egg substitute among cups. Sprinkle with cheese, then pepper. Bake on middle oven rack for 15 minutes. Garnish with chives. Remove the cups from the muffin tin. Serve warm.

(Note: Go for a thick 1-ounce slice of ham with a small diameter instead of a thin slice with a larger diameter.)

Nutritional Information Per Serving:

Calories: 129
Fat: 5 g
Saturated Fat: 3.5 g
Cholesterol: 30 mg
Sodium: 460 mg
Calcium: 20% Daily Value
Protein: 16 g
Carbohydrates: 5 g

Not hungry when you rise & shine? Drink juice. It's better to consume something than nothing. Prepare some bread or crackers to eat later in the morning. Then drink a glass of milk and eat a few slices of cheese. Add an egg or peanut butter for variety.

Walk on the **WILD SIDE!**

(Continued from page 5)

snake exhibit and a hands-on science lab! (Who knew science could be so cool?)

Feeling fearless? Take your wild-ones on a night-time tour!!! The valiant trail guides will lead you on an adventure in which hooting owls, howling coyotes, and strange rustlings in the

brush are all strong possibilities! (Specific dates are scheduled for

nighttime treks...call for details)

Open Tuesday through Saturday 9 a.m. to 5 p.m., Sunday 1-5 p.m. and closed Mondays.
Admission is \$5 for adults and \$3 for ages 3-12 and 60+.
Located one mile east of Highway 5 South on FM 1378 in McKinney.
Phone: (972) 562-5566
Online: www.heardmuseum.org

“In Your Own Back Yard”

(Continued from page 1)

answers. So why would you act any differently at the community pool? It belongs to the HOA, and as a member, you!

The Pool Committee has considered this issue carefully and we have decided to enlist over 500 pool monitors.....YOU! If everyone in the community treats the common areas the

same as they would their own backyard, the community would solve a lot of trespassing and safety issues!

Become familiar with **all** pool rules. A copy of the pool rules can be found on the website at [Heritage Lakes Pool Rules](#).

Please help make Heritage Lakes a better community by getting actively involved in the pool monitor program! This is OUR

neighborhood and we must take pride and ownership in it! If you witness anyone breaking the rules contact the clubhouse staff at 972.668.2929 or the guardhouse at 972.668.6130.



Pool Facts

- NO LIFEGUARD ---- SWIM AT YOUR OWN RISK!
- An emergency phone is located in both the Upper Pool and Lazy River areas. Please note that the telephones provided are emergency use only – no dial tone is heard when you pick up the phone.
- A first aid kit is located by the emergency phone in the Lazy River area.
- Clubhouse Management is available during Clubhouse hours only. Clubhouse Management has direct authority to determine unacceptable conduct of any member or guest. All residents and guests who misbehave will be asked to leave the pool area. Clubhouse Management has the right to summon the guardhouse staff to assist in enforcement of the pool area rules.
- Please observe posted pool rules and hours.
- The outdoor pool facilities are not available for private party rental.
- General rules are posted at each pool. Adults are encouraged to assist the Clubhouse Management in keeping the swimming area clean and attractive.
- The pool will be closed during electrical storms.

COMMUNITY CONTACTS

Heritage Lakes Clubhouse
3949 Village Blvd
Frisco, TX 75034

Activities Director

Anna Pfaff
Phone: 972.668.2929
Fax: 972.668.2931
Email: clubhouse@heritageclubhouse.com

Clubhouse Hours

Closed Monday
Tuesday, Thursday, & Friday 10am - 9pm
Wednesday & Saturday 10am - 7pm
Closed for Lunch 1pm - 2pm Daily

Security

Guard House: 972.668.6130
Fax: 972.668.6131
Emergency Cell Phone: 214.448.6130

HOA Board of Directors

President: Barbie Chandler
Communications Committee Liaison
E-mail: president@heritagelakes-hoa.org

Vice-President: Dr. Laurie Rilling
Safety/Crime Watch Committee Liaison
E-mail: lmrilling@grandecom.net

Treasurer: Roberta Bohnet
Pool Committee Liaison
E-mail: roberta_bohnet@yahoo.com

Secretary: Diane Rogers
ACC & Social Committee Liaison
E-mail: 2newtexans@comcast.net

Member-at-Large: Tony Petrone
Golf Committee Liaison
E-mail: iflytowork@aol.com

HOA Management

SBB Management Company
5728 LBJ Freeway, Suite 300
Dallas, TX 75240
Phone: 972.960.2800
Fax: 972.668.2931

Manager: Linda Arquilla
Extension: 503

Email: l.arquilla@sbbmanagement.com

Administrative Assistant: Belinda Cogburn
Extension: 511
E-mail: b.cogburn@sbbmanagement.com

Message from the Board

(Continued from page 1)

Heritage Lakes could take: walk along Lebanon or under the railroad tracks through a creek. Neither of these options would be a safe route for children to walk.

A request was sent out to the community to send comments to LISD. We are thankful that over 50 homeowners sent in comments to LISD. The efforts, for now, were successful. Following is the response that was returned from LISD.

Dear Homeowners,

After careful consideration of the situation regarding bus transportation to Tom Hicks ES, it has been decided that the bus will continue transporting the LISD students residing in Heritage Lakes subdivision to Tom Hicks. It is our understanding from speaking to the city engineers of Frisco that a traffic study is being conducted to determine the need for a traffic control device at the intersection of Lebanon and Rushmore. When this study is completed, we will again evaluate the need for transportation to Tom Hicks from Heritage Lakes. If you have further questions, please contact me at ellingtont@lisd.net

This is an effort that needs to be monitored on an ongoing basis. Contact needs to be continued with the city, LISD, and the community. If you are willing to be in charge of this task force, please contact president@heritagelakes-hoa.org.

[Barbie Chandler](#)
[President](#)

June Calendar of Events

- Monday June 19th - Town Hall Meeting- 7:00 pm
- Tuesday June 20th - Heritage Lakes Birthday Party 5:30 pm
- Tuesday June 27th - Over 40's Bunco. Contact [Darlene Yoquelet](#) at 214.618.6282
- Mondays – Clubhouse Closed

